

MARCH 2025

BRAMBLEHAIES SURGERY



NEWSLETTER

KEEPING YOU UP TO DATE WITH YOUR SURGERY



APPOINTMENTS

You said you were struggling with the same day appointment system due to work or other commitments...

We added some routine pre-bookable appointments and opened our online triage requests from 6.30am. We continue to review the appointment system.

VACANCY

We currently have a vacancy for a Practice Nurse which is being advertised. In the interim we have a Diabetes Specialist Nurse, Adeline, and a locum nurse Sally working with us

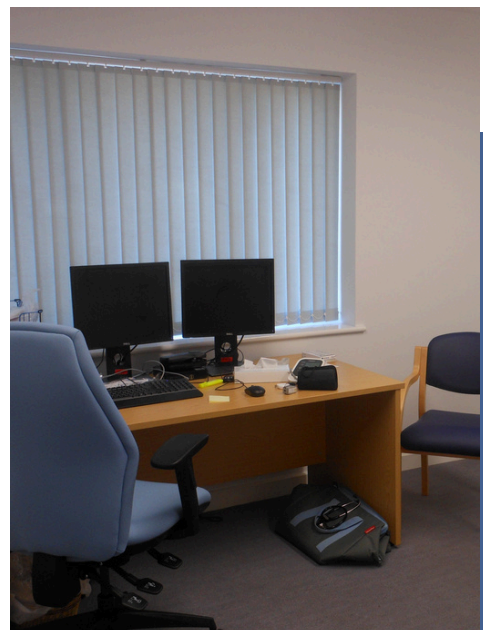
STAFFING

Dr Alex Werhun has joined the GP team, working Monday, Wednesday and Thursday. He will be working alongside all the GPs but is in the team with Drs Harper and Hill.

Louise, our Pharmacy Technician, has increased her skillset and is now dealing with most medication queries freeing up some GP time. She will be the main point of contact for patients considering statin medications (those tasked with reducing their cholesterol), and all discharge medications.

NEWSLETTER

To receive this quarterly newsletter via email, please leave your email address with the reception team. We may also use your email address to communicate other information.



www.bramblehaiesurgery.co.uk



A DAY IN THE LIFE OF A GP – Dr Sarah Thomas

A typical day for Dr Thomas can start as early as 7.15am – and that's after she has already tackled her duties as a busy working mum!

Before surgery begins, she can be found in her office, diligently filing results and correspondence, making referrals and completing her extensive admin tasks.

Once surgery starts, she works through a list of calls – typically 10–15 per session – before seeing patients in the surgery. This includes postnatal and new baby checks, finishing with patient follow-up calls. Once the morning list is completed, it's time for patient visits, usually one per clinician, but sometimes more. Lunch is often eaten on the go!

In the afternoon, Dr Thomas continues with similar duties, including patient calls and consultations, signing prescriptions and completing referrals and admin from her day. She usually logs off around 7pm, though often much later.

Dr Thomas runs a dedicated Coil Clinic once a month, providing expert advice, fittings, and removals of intrauterine devices (coils).

As a training practice, Dr Thomas also mentors medical students, supporting them in surgery while they see patients. She is also available for our two registrars, offering debrief sessions and learning support.

All of our GPs share duty doctor responsibilities once a week, handling urgent appointments, calls and enquiries from the District Nursing team, paramedics and practice staff. In addition, all GPs attend regular clinical meetings and support each other with more challenging medical cases.



**“My cervical screening
was nothing to worry about”**

NHS

Book an appointment with
your GP practice now.

Screening
saves
lives

Help us
help you

NHS cervical screening helps prevent cervical cancer. It saves thousands of lives from cervical cancer each year in the UK. In England cervical screening currently prevents 70% of cervical cancer deaths. If everyone attended screening regularly, 83% could be prevented.

Cervical screening is for women and people with a cervix. We offer screening every 3 years from age 25 to 49 and every 5 years from age 50 to 64. This is because most cervical cancers develop between these ages. First invitations arrive a few months before people turn 25. You can book your appointment as soon as you get your invitation.

You should consider having screening regardless of your sexual orientation, sexual history, or whether you have had the human papillomavirus (HPV) vaccination.